



## Reflections on My Life and Writings, Volume 8 (The Notebooks of Paul Brunton Series)

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By Paul Brunton

Motilal Banarsidass Publishers Pvt. Ltd., New Delhi, India, 2014. Softcover. Book Condition: New. First Edition. Paul Brunton was among the most eloquent inspirers of independent, individualized modern spirituality. From his early years as an effective popularizer of meditation to the masterful West-East philosophical synthesis of his maturity, he was both a debunker and a revealer-with special gifts for evoking the living presence of the heart's noblest ideals. Reflections, volume eight in The Notebooks of Paul Brunton, contains primarily PB's reflections about himself-50 years of research, practice, and writing-and the people, influences and events he considered significant in his life. Paul Brunton was an intensely private and naturally unassuming man. He continually sought for effective ways to bring his ideas to the public mind and keep his own personality at a low profile. When pressed to describe himself, he usually said that he was a researcher-which he defined as one who creates new knowledge. Maturing with a century that brought more changes than the previous thousand years, he witnessed the advent of the automobile, the airplane, radio, television, and nuclear power, and devoted his life to a path of spiritual discovery suitable for this epoch of turmoil and transition. Printed Pages: 253.



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