



The Gift of Failure: How the Best Parents Learn to Let Go So Their Children Can Succeed

By Jessica Lahey

Harper Paperbacks, United States, 2016. Paperback. Book Condition: New. Reprint. 203 x 135 mm. Language: English . Brand New Book. Modern parenting is defined by an unprecedented level of overprotectiveness: parents now rush to school to deliver forgotten assignments, challenge teachers on report card disappointments, mastermind children's friendships, and interfere on the playing field. As teacher, journalist, and parent Jessica Lahey explains, even though these parents see themselves as being highly responsive to their children's well-being, they aren't giving them the chance to experience failure or the opportunity to learn to solve their own problems. Everywhere she turned, Lahey saw an obvious and startling fear of failure in both her students and in her own children. This fear has the potential to undermine children's autonomy, competence, motivation, and their relationships with the adults in their lives. Providing a clear path toward solutions, Lahey lays out a blueprint with targeted advice for handling homework, report cards, social dynamics, and sports. Most important, she sets forth a plan to help parents learn to step back and embrace their children's setbacks along with their successes. Empathetic and wise, *The Gift of Failure* is essential reading for parents, educators, and psychologists...



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